

## INSTRUCTIONS FOR TAKING YOUR MEDICATIONS BEFORE YOUR SURGERY

Your medications have been reviewed by the anesthesiologist in the Pre-Admission Clinic at Vancouver General Hospital. The anesthesiologist asks that you follow these instructions for taking your medications before your surgery.

**On the day of surgery, bring all your prescription medications, in their original containers or bubble packs. Do not bring your narcotics to the hospital.**

- Please **do NOT take** any Vitamins, Supplements, or Herbal Medications for **7 days** before your surgery.

- Please **do NOT take** the following medications **on the morning** of surgery:

- |          |          |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |



- Additional information:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Please **TAKE** the following medications **on the morning** of surgery.

- All other usual morning prescription medication(s) with sips of water.
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_



Date: \_\_\_\_\_ Anesthesiologist: \_\_\_\_\_